



BTC is proud to be offering the following clinics! Information is also posted on our website under 'Adult Clinics'

Adult Fundamental Clinics

****Please refer to the attached self-rating guide to determine your level or contact a coach for approval to join the class***

**** If you are not at the level of the class you register, you may be asked to withdraw***

Adult Tennis 1.0 F.A.S.T Clinic

Our Fun Adult Starter Tennis clinic introduces the basic fundamentals of play as well as rules and scoring, to get you to serve, rally and score. We use a new system of learning through progressions so tennis is easier and not as frustrating to learn. No Experience is needed for this program.

When: Every Thursdays, Nov 5th - Dec 10th
Time: 6:00 - 7:25 pm

Cost: \$185 / Members (Annual) per session
\$225 / Non-member per session

Adult Tennis 2.0 Clinic

Our 2.0 clinics will teach one to initiate points with consistent serves & returns; improve consistency in a rally using both forehand & backhand sides with improved fundamentals and techniques. In addition, we will introduce consistent volley skills. We will use both "Green Dot" balls as well as regular tennis balls. Needs to be at least 2.0 level to register.

When: Every Thursdays, Nov 5th - Dec 10th
Time: 7:30 - 8:55 pm

Cost: \$185 / Members (Annual) per session
\$225 / Non-members per session

Adult Tennis 2.5 Clinics

Our 2.5 will teach one to initiate a point by directing the serve to the FH or BH side of an opponent; maintain a consistent rally with improved reception of wider, higher/deeper, and lower/shorter balls; when at net, receive volleys at different heights, and maintain a consistent exchange. Needs to be at least 2.5 level to register.

When: Every Saturdays, Nov 7th to Dec 12th
Time: 6:00 - 7:25 pm

Cost: \$185 / Members per session
\$225 / Non-members per session

Adult Tennis 3.0 Clinics

Our 3.0 clinics will teach one to win singles and doubles points by using spin to control the arc of the ball; start points by serving to an opponent's weak side and return with a variety of placements (crosscourt, line, lob); maintain a crosscourt exchange by sending and receiving balls with topspin. At net, pressure opponents with direction and respond to lobs with an overhead. We will also introduce consistent slice skills.

When: Every Saturdays, Nov 7th - Dec 12th
Time: 7:30 - 9:00 pm

Cost: \$185 / Members (Annual) per session
\$225 / Non-members per session

Adult 2.5 + Doubles Clinics

In this clinic we focus on the skill and strategy of doubles play. We will work on different formations in doubles and also how to deal with different situations. Must be 2.5+ to participate.

When: Every Thursdays, Nov 5th - Dec 10th
Time: 5:00 - 5:55 pm

Cost: \$120 / Members (Annual) per session
\$150 / Non-members per session

Personalized Tennis Training

Arrange 4 players yourself and find a weekly time slot and off we go! You all choose what you prefer to work on and our coaching staff will be ready.

Email (Pxiao1989@gmail.com) or message (778-885-7028) Jack Pei Xiao directly to arrange.

To Register, members can log into their accounts. Non-members, please email pxiao1989@gmail.com or call Jack Pei Xiao at 778-885-7028.