



BTC is proud to be offering the following clinics! Information is also posted on our website under 'Clinics'

~~~~Min of 4 registrants and max 6 per session, NO REFUNDS~~~~

Personal Evaluation

Are you thinking of joining clinics but don't know your level? Are you trying to find players similar to your level but struggle to find some? Or do you just want to know your NTRP rating? BTC is proud to offer free evaluation (members) to help you to be on track to have more fun in tennis.

When: Saturdays, February 8, 22
Time: 2:15 - 2:45pm
Cost: Free / Members
\$5 / Non-members

Adult Drill Clinics

65+ Skills and Drills

As we slowly age, our shot selection begins to change. Learn what best suits your game style, and how you can maximize your ability.

When: Mondays, February 3, 10, 17, 24
Wednesdays, February 5, 12, 19, 26
Time: 10am – 11am
Cost: \$20 / Members per class
\$25 / Non-members per class

Hit and Fit Clinic

This is a high-intensity class that focuses on improving technique and footwork while getting fit. Emphasis is on movement and court coverage, with many different play situations. Prepare to hit 100's of balls and leave feeling great.

When: Fridays, February 7, 14, 21, 28
Time: 11 – 12pm (Level 3.0+)
Cost: \$20 / Members per class
\$25 / Non-members per class

Serve and Return Clinic

Most points are decided by the serves and the returns of players. Improve your consistency, precision, and power in this class.

When: Mondays, February 3, 10, 17, 24
Time: 6pm - 7pm (Up to 3.5 Level)

Cost: \$20 / Members per class
\$25 / Non-members per class

Net-Play Clinic

Great for singles or doubles players. This clinic focuses on transitioning you from the baseline to the net with plenty of volley repetitions.

When: Wednesdays, February 5, 12, 19, 26
Time: 6pm – 7:30pm (3.0 +)

Cost: \$30 / Members per class
\$37.5 / Non-members per class

Adult Fundamental Clinics (Monthly Sessions)

Please refer to the attached self-rating guide to determine the level or contact a coach for approval

Adult Tennis 2.5 Clinics

Our 2.5 will teach one to initiate a point by directing the serve to the FH or BH side of an opponent; maintain a consistent rally with improved reception of wider, higher/deeper, and lower/shorter balls; when at net, receive volleys at different heights, and maintain a consistent exchange. Student/Coach ratio: 1:6, min 4 registrants

When: Fridays, February 7, 14, 21, 28 (4 Sessions)
Time: 6 - 7:30pm

Cost: \$120 / Members per session
\$144 / Non-members per session

Adult Tennis 3.0 Clinics

Our 3.0 clinics will teach one to win singles and doubles points by using spin to control the arc of the ball; start points by serving to an opponent's weak side and return with a variety of placements (crosscourt, line, lob); maintain a crosscourt exchange by sending and receiving balls with topspin. At net, pressure opponents with direction and respond to lobs with an overhead. We will also introduce consistent slice skills. Student/Coach ratio: 1:6, min 4 registrants

When: Fridays, February 7, 14, 21, 28 (4 Sessions)

Time: 7:30 - 9pm

Cost: \$120 / Members per session
\$144 / Non-members per session

Adult Tennis 3.5 Clinics

Our 3.5 clinics will teach one to win points in singles and doubles by starting each point in control with effective (speed or angle) serves & returns; push opponents back in a rally with steady-paced, deep balls and also learning to move to the net. We will learn more effective ways to place shots to the other courts from various positions. (from baseline, mid-court, and net zones). Student/Coach ratio: 1:6, min 4 registrants

When: Wednesdays, February 5, 12, 19, 26 (4 Sessions)

Time: 7:30 - 9 pm

Cost: \$120 / Members per session
\$144 / Non-members per session

Adult Tennis 4.0 Clinics

The 4.0 Clinic includes advanced instruction on situations such as dominating at the baseline, approaching, at the net and serve & return. Skills can be applied to singles and doubles. We will learn more effective ways to place shots to the other courts from various positions. Student/Coach ratio: 1:6, min 4 registrants

When: Mondays, February 3, 10, 17, 24 (4 Sessions)

Time: 7 - 9 pm

Cost: \$150 / Members per session
\$180 / Non-members per session

Adult Tennis 2.5+ Practice and Play

A session combining some time of practice and drilling, and some coach-supervised playtime (doubles). Directly apply what you're practicing in the same session. Student/Coach ratio: 1:6, min 4 registrants

When: Fridays, February 7, 14, 21, 28

Time: 9 - 10pm

Cost: \$20 / Members per session
\$25 / Non-members per session

Customized Tennis Training

Arrange 4-6 players yourself and find a weekly time slot and off we go! You all choose what you prefer to work on and our coaching staff will be ready.

Email Glenn Richards directly to arrange! glennrichardstennis@hotmail.com

Cost: \$20 / Members per class
\$25 / Non-members per class

To Register, members can log into their accounts. Non members, please email info@burnabytennis.ca or call the office at 604-291-0916.